You have questions... We have answers!

Videos on Healthy Touch and Adolescence

At the Learning Commons, Catholic Education Centre

Healthy Touch, Good Boundaries, Safe Kids

Grades: 2-5

Time: 30 mins.

Students learn what to do and how to get help if they are being abused, and adults learn about warning signs that a child may be a victim of sexual abuse.

Feeling Yes, Feeling No

Grades: JK-6

Time: 43 mins.

This program gives children the skills to protect themselves from sexual abuse from strangers, family members, or other trusted persons. Covers basic skills to build self-worth and good judgment; understanding “Yes” and “No” feelings, and how to assess potentially dangerous situations.

Meet the New You: For Boys

Meet the New You: For Girls

Grades: 3-5

Time: 20 mins.

The right amount of information for younger students! Designed for your youngest students who are not quite ready to learn about reproduction, but need to know about body changes, hygiene and emotional changes unique to boys.
Let's Talk Puberty: Boys

Grades: 5-8
Time: 10 mins.

Using gentle humor and appealing animation, this series describes the physical and emotional changes that occur during puberty. Let's Talk Puberty's accessible, matter-of-fact tone will reassure boys and girls that they are experiencing a normal part of growing up.

On Let's Talk Puberty: Girls

You are in Charge of Your Body

Grades: 3-5
Time: 35 mins.

This video, developed by elementary school educators and sexual abuse experts, aims to protect young children from abuse by helping them to understand what sexual abuse is, how they can recognize it, how and whom to tell, and empowering kids to take charge of their bodies.

To request items, please email: Resource.Bookings@wcdsb.ca

For more great suggestions, ask the staff in your school’s library learning commons.